

Own The Line 2010 Offensive Line Camp

**Get Strong, Get Fast, Get Skills, Get Ready to
OWN THE LINE This Fall**



Own The Line

Own the Line is a training academy for football players who strive for excellence. We coach players on all aspects of line play from the most basic and foundational techniques to more advanced methods to take their play to the next level.

www.OwnTheLine.com

**Monday, July 26th through Thursday July 29th
9:00 AM to 11:30 AM**

**For Athletes entering 8th grade through college
The camp will be held at The Topeka Sports Factory, 600 SW Capehart
(big white building with a blue top next to Forbes Golf Course)**

Camp will include instruction in the following areas:

Fundamentals

Stance and "Base" Position
Explosiveness Off The Ball
Footwork
Strength
Agility

Run Blocking

Base/Drive Blocks
Reach/Scramble Blocks
Short and Long Traps
Combo Blocks and Double Teams
Zone Blocking

Pass Blocking

Kick Step
Blitz Protection
Blocking the Spin/Swim/Rip
Punch and Grab
Hop and Drop

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Cost for the Camp is \$100 and includes a camp T-Shirt
Registration and fee is due by July 15th

EARLY BIRD DISCOUNT of \$10 if you get your registration in by June 15th

Mail this form, with payment (\$90 before 6/15, \$100 after), to:

Own The Line, 505 SW Washburn Ave., Topeka, KS 66606
Make Checks Payable to: **Own The Line**

Player Application

Last Name: _____ First Name: _____ Age: ____ T-Shirt Size: ____
Address: _____
City: _____ State: ____ Zip Code: _____ Phone (____) ____ - ____
E-Mail: _____
Height: _____ Weight: _____ Years Played: _____ Position: _____ GPA: _____

Emergency Contact Information

Name: _____ Relation: _____ Phone (____) ____ - ____
Primary Physician _____ Phone: (____) ____ - ____
Any Allergies? _____
Any Previous Injuries/Current Disabilities? _____

Please come to all sessions in workout clothes and shoes (no cleats please). Also please bring a drink, and most importantly, a coachable attitude.

Parental Permission Waiver

I, _____ give my son permission to attend coaching sessions from Coach Todd Reeves (Coach) to enhance my son's techniques, skills and ability as a lineman for the sport of football. I have no knowledge of any physical impairment or mental impairment that would affect or be affected by my son's participation in the sessions taught by Coach. I give permission to Coach and his training staff or other coaches to act on my behalf to obtain for my son any treatment it deems necessary and appropriate. I specifically consent to such treatment including, but not limited to; hospitalization and surgery and I will take full responsibility for any and all medical charges in connection to my son's attendance at Coach's sessions. I understand and acknowledge that these sessions to include risk of injury and I specifically waive and release Own The Line, it's owners, staff, volunteers, Coach Todd Reeves, and any other such instructor related to Coach's sessions from any and all sessions. Furthermore, I authorize Coach to use my son's session's photographs and video footage, name and articles for use in promotion and publicity for Coach's business marketing, including but not limited to, flyers, advertisements, website information, coaches' professional development, seminars, clinics, and demonstration purposes.

I read and speak English and fully acknowledge and understand the above "Parental Permission Waiver"

Print Name: _____ Sign Name: _____
Today's Date: _____ Relation to Athlete: _____